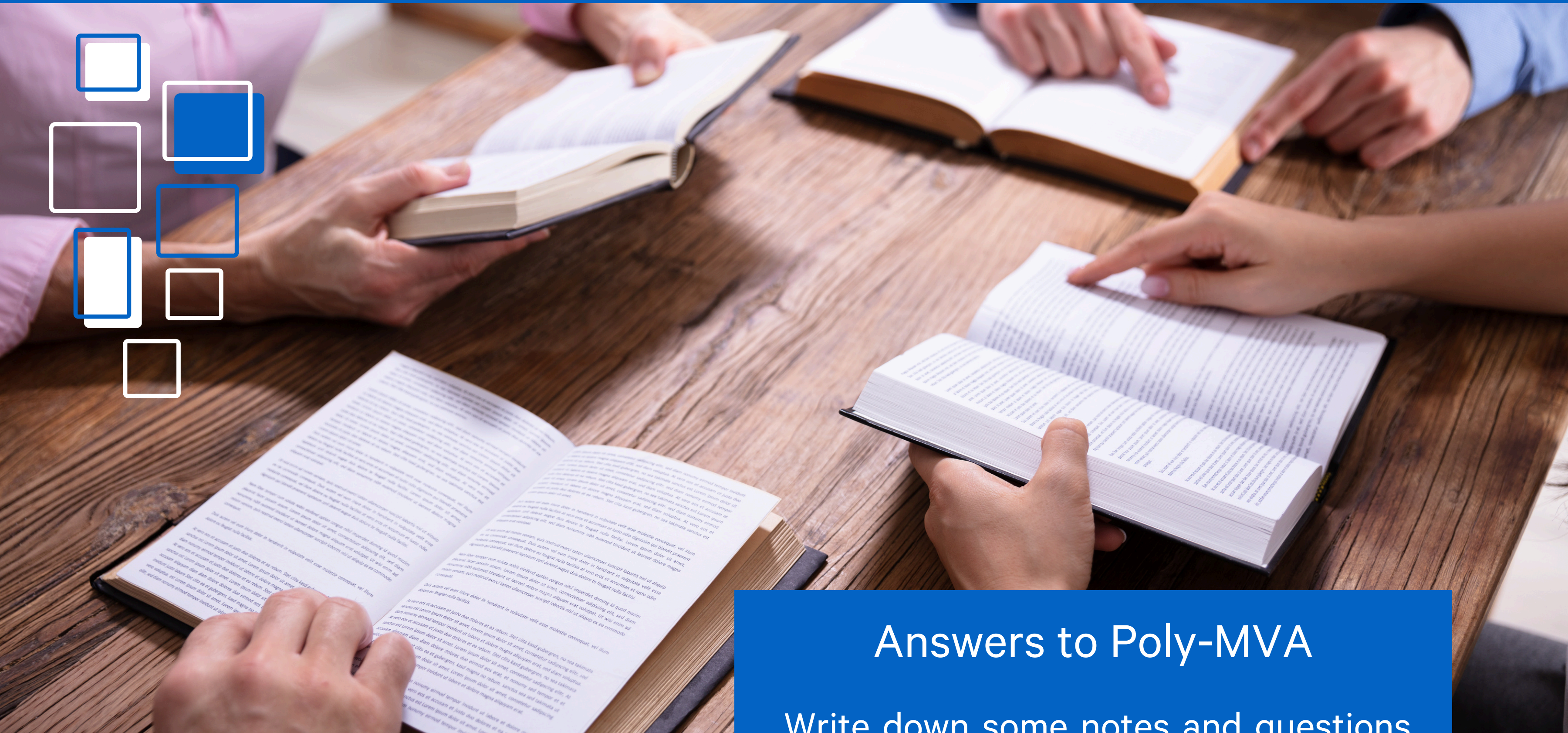


# FAQ'S



## Answers to Poly-MVA

Write down some notes and questions to discuss with your professional on how Poly-MVA can integrate into supporting your health.

### What is Poly-MVA?

Poly-MVA is a unique patented dietary supplement that is the first in a remarkable new category of supplements known as Lipoic Acid Mineral Complexes. It's a unique, patented proprietary blend of the mineral palladium, alpha-lipoic acid, vitamins B1, B2, and B12, the amino acid formyl-methionine, and trace amounts of molybdenum and ruthenium.



## What is Lipoic Acid Mineral Complex and what makes it special?

Lipoic Acid Mineral Complex is an extraordinary compound that chemically bonds a unique mineral, (palladium) to alpha-lipoic acid (a powerful antioxidant) and Thiamine B-1. The process and steps of bonding these two materials together are so unique that there is a patent on it. The sequestering/binding of the mineral palladium with alpha-lipoic acid dramatically increases nutrient absorption at the cellular level and throughout the body. This is an exclusive breakthrough that distinguishes Poly-MVA from any other supplement.

## How does the mineral palladium work in Poly-MVA?

Within Poly-MVA, the proprietary lipoic acid mineral complex acts in a similar way to the cobalt found in Vitamin B-12 (cyanocobalamin). The mineral is sequestered, in other words, it is bound on all sides to the lipoic acid creating the Lipoic Acid Mineral Complex that is found in Poly-MVA. The mineral serves primarily as a bridge or pathway to transport and share electrons between the Alpha Lipoic Acid and its Thiamine counterpart. This mechanism dramatically enhances energy or electron transport for the mitochondria in our cells. This has been shown to have an effect on the electrical potential of the cell, which simply means energy and ATP support. While the lipoic acid mineral complex contained in Poly-MVA provides a significant portion of the unique action of the supplement, other important co-factors that include minerals, vitamins, and amino acids support the function of the LAMC complex contributing to the support of the body's natural mitochondrial processes.

## Why do people take Poly-MVA?

People take Poly-MVA for optimum health and maximum nutritional support. It is designed to increase energy, reduce occasional fatigue, help to enhance overall health and well-being, and provide nutritional support for those who may have nutrients depletion. \* Many people have found Poly-MVA to improve their health and well-being.

1. Advanced antioxidant/free radical protection\*
2. Offers fast-acting, immediate absorption due to the liquid medium\*
3. Supports energy production at the mitochondrial level\*
4. Supports quality of life
5. Promotes overall health and may replenish lost nutrients.\*

The late Dr. Rudy Falk, MD, said, "Poly-MVA has properties that make it beneficial in supporting and optimizing cellular functions, providing protecting shows promise in helping to re-energize cells."

## What amount of Poly-MVA do I take?

The amount you may use will depend on desired results and of course other various factors: Diet, age, physical activity, other supplements, etc. It is generally used between 1-8 teaspoons daily. Titrating up for 60-180 days and then finding your ideal maintenance cycle.

## Can people take Poly-MVA for daily support or any other reasons?

Yes. Poly-MVA is a unique, ideal, and superior oral supplement with multiple cellular support mechanisms. It was intended to help support many of the body's systems, enhance energy production, and improve quality of life. By providing high-quality, essential nutrients in a unique form and complex to better support the structure and function of the body.\*

## How long does a bottle last? How much do people normally take?

How long a bottle lasts depends on how much you take and what size bottle you order. If you are using Poly-MVA to help maintain optimum health, a bottle can last a few months or more. An 8oz bottle of Poly-MVA could last as much as 192 days. However, for those who are using more of it to dramatically increase energy, a bottle may last 6 days.\* Use will vary in particular cases due to body mass, size, and age, but also due to other factors such as the individual's ability to absorb or utilize the product. Stay with the ongoing maintenance schedule for daily support after the loading period.

DAILY NUTRITIONAL SUPPORT OR AS A LONGEVITY TONIC: The recommended use is 1/4 tsp to 2 tsp per day, depending on body weight, etc.\*

FOR MAXIMUM SUPPORT: The recommended use begins with 1/4 to 1 teaspoon titrating up to a loading amount with daily increases over a number of days/weeks. Each person responds differently and you might find that the optimum benefit for you is maintained at the higher amounts for a longer period of time. Some may reduce the maintenance amount by 12-24 weeks. To view the complete guidelines click the button below.

## How long does it take to get results?

Dr. Merrill Garnett, whose research led to the discovery of Poly-MVA, believes that most individuals will notice a difference in how they feel within the first 4-12 weeks. In some instances, we have heard of responses like energy, well-being, clarity and feeling better, etc. in just a matter of days.

## Poly-MVA history and safety?

The formulation of ingredients has been tested and shown safe and nutritionally effective since 1992. Poly-MVA is assimilated like nutrition and food for the body. During the initial development of Poly-MVA and Lipoic Acid Mineral Complexes, high doses were used to determine if there would be any adverse events; even at the highest administered dose (LD-50's-fifty times higher than the maximum recommended dose), no negative effects were observed in any of the tests. The natural combined and complex ingredients in the product along with its safety record used in humans and animals for over 25+ years, Poly-MVA has shown to be extraordinarily safe. It should still be noted that all of us are different and a few may have allergies and/or react differently. If this is the case, please discontinue use and notify us.

## Is there anything that may inhibit or minimize the effectiveness while on Poly-MVA?

Chelating agents, mitochondrial inhibitors, and certain extremely HIGH DOSE antioxidants, well above their recommended daily allowance should be separated and/or alternated when possible (we recommend waiting at least 2-6 hours before taking Poly-MVA). Poly-MVA not only absorbs/quenches the free radicals but utilizes them in the cells' energy cycle.\* Higher doses of alpha-lipoic acid should be minimized, discontinued, or separated because it may compete with the lipoic acid complex in the Poly-MVA. Many use Poly-MVA in replacement of their alpha-lipoic products. Tobacco products, alcohol may also slow down the uptake of Poly-MVA, in addition to working against the goal of optimum health.

## Why does it seem that this product is more costly compared to other supplements?

It is competitive with other dietary supplements in serving size, dosages, and most importantly Poly-MVA's nutritional benefits. Its unique ingredients are a combination of precious minerals, which are some of the most expensive minerals in the world (palladium is typically more expensive than platinum and now gold). Therefore, the manufacturing and processing of the cost of its raw materials are much higher than a typical supplement. In terms of the cost of the raw materials and manufacturing process vs. the selling price, Poly-MVA is comparable and it can replace combinations of other supplements. Its manufacturing margin is compatible with that of many other nutritional supplements.

## How long has Poly-MVA been in use?

Poly-MVA has been available in the U.S. since 1992. The first decade was primarily researched, publications, and presenting scientific and research data. There are many people around the world using and recommending Poly-MVA in their communities, health groups, clinics, social circles as part of a nutritional approach and overall lifestyle change including diet, general health, and well-being.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease